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Christine Bandy, MS, RD, LD/N, CDE

Profile:

- Registered, Licensed Dietitian/Nutritionist; Nutrition Therapist
- Certified Diabetes Educator; Certificate of Training Adult Weight Management
- Eating Disorder & Wellness Specialist
- Individual & Group Counseling: Children, Teens, Adults & Families
- Gifted Speaker & Behavior Modification Counselor

Education:

University of Florida, Gainesville, FL

Bachelor of Science Food Science & Human Nutrition 1989

Master of Science Human Nutrition & Metabolism 1991

Post-graduate courses(Education Leadership) Florida Atlantic University 1994

- Recognized Young Dietitian Award American Dietetic Association
- Graduated with honors; Graduate works published in the Journal of the American Dietetic Association

Current: Lexington Theological Seminary, Lexington, KY

Distance/Experiential learning in Pastoral Care Ministries

Experience:

Counseling since 1992

Christine Bandy & Associates, PA, Palm Beach Gardens, FL

Private Practice & Consulting/established 1995

- Individualized counseling and education all ages
- Group education and Lecturing
- Diabetes, Wellness, Weight Management, Eating Disorders, Bariatric/Surgical weight management, other medical nutrition therapy
- Other experience including: Consultant for Substance Abuse facilities, Home Health consulting, nutrition support (previous certification in tube feedings & parenteral nutrition), Hospital/acute nutrition therapy, Public Health/WIC program, Headstart program and child nutrition, Fitness centers, Instructor Palm Beach State College, Long-term care facilities
- Author of numerous health-related articles as well as local & national written and video media interviews on various nutrition-related topics

Professional Memberships:

- American Dietetic Association (ADA)
- Florida and Palm Beach County Dietetic Associations (FDA, PBDA)
- Served in multiple volunteer & elected positions with PBDA
- American Association of Diabetic Educators (AADE)
- Professional member Alliance for Eating Disorders Awareness
- Christian Medical and Dental Association
- Executive Committee Healthy Kids of Jupiter (not-for-profit)

Personal/Interests:

- Married 15 years to Mark; Two Children: Tyler (11) and Mikaela (9)
- Active member of Jupiter First Church

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